

# The point of Silence

**Art Exhibition with Book Release & Signing by Régine Verougstraete**

**Opening Reception: October 22<sup>th</sup>, 2017– 4pm - 6pm**

*You are welcome to join the artist at 3.30 PM for a 20 minutes meditation before the opening of the show.*

The Alliance Française of Pasadena is proud to invite you to the Opening Reception of “The point of Silence”, an art exhibition with book release and signing from French speaking Belgium artist Régine Verougstraete on Sunday October 22<sup>th</sup> from 4pm to 6pm. Régine will present her new work on paper and her first small edition of one of her morning practice book: book #46 on Forgiveness. This book is part of the 2012/16 series of “Thousand Drawings for Growth”.

*“The point of Silence, a moment in time, a meeting of two worlds, forever connected, oneness. A Point, a dot, a breath, infinitely small yet indescribably big and powerful, connecting all of us to all that is. Human, Divine; In the middle of the storm, the eye, humble, powerful beyond our comprehension, Love. Work on paper, book on forgiveness, they come from the point, the point of Silence, a daily practice.”*

Régine Verougstraete

Régine Verougstraete’s art is a work on oneself. It’s acceptance of what is happening inside, listening, opening to the flow. Her process is methodical, meticulous and rigorous. It is intransigence, the artist as one who embarks upon an inner quest for authenticity with humility. Régine’s introspective work is her gift to us. “The point of silence” is her voice if she could let it speak.

Valerie Daval, curator for the Alliance Française of Pasadena

**Régine Verougstraete** was born in Brussels, Belgium, and moved to Los Angeles in 1994. Verougstraete studied painting, animation, and experimental art at the renowned Angewandte fur Moderne Kunst in Vienna, Austria with the artist Maria Lassnig. Her works have been shown in museums and galleries around Europe, Japan and California.

*“A thousand and one morning for growth”*

<https://youtu.be/mp0IC68jyKY>

<http://regineart.com>

**Alliance Française of Pasadena, 232 N Lake Ave. Suite 105, Pasadena CA 91101**

**Only for the Opening, Free Parking and Entrance behind the building on Locust St.**

**The exhibition will last until November 30<sup>th</sup>, 2017.**

Monday - Thursday: 9am to 7pm

Friday: 9am to 5pm

For parking information please visit:

<http://afdepasadena.org/contact-us/>